

Youth Program – Tauranga Tri Club 2017-18

Date	Event	Location	Details (location etc)
18 th Oct	Meet and Greet – ground rules, fun games	Coronation Park	RUN: Fun games to get to know everyone, set up our warm up and cool down systems. Run focused
25 th Oct	Running Drills/sand running	Coronation Park	RUN: Some easy drills to get focused and then a running race along Pilot Bay.
28th Oct	Golden Sands Fun run	Golden Sands School Papamoa	5km fun run
29th Oct	Omokoroa Coastal Challenge	Omokoroa	Fun runs, Duathlons. Something for everyone www.runrunrun.co.nz
1 st Nov	Bike/Run transition Reps	Coronation Park	BIKE/RUN: Setting up transition area, mounting your bike and a fun duathlon.
8 th Nov	Cycling TT	Maketu	BIKE: Get to race your bike on the same course as the Adults
15 th Nov	Swim/Run	Coronation Park	SWIM/RUN: Sea swim with practice group starts and exit strategy followed by a fun Aquathlon.
19th Nov	Tinman Triathlon	Pilot Bay	Tinman Triathlon. Splash n Dash race & Youth race www.tinmantri.co.nz
22 nd Nov	Run	Pilot Bay	RUN: Some follow on drills followed by running race #2 of the season.
29 th Nov	Bike/Run	Coronation Park	BIKE/RUN: Mount and dismount practice followed by Duathlon #2
6 th Dec	Cycling TT	Maketu	BIKE: Get to race your bike on the same course as the Adults
13 th Dec	Youth Aquathlon #1: 5pm START	Pilot Bay	SWIM/RUN: Short and Long course options.
20 th Dec	Swim	Pilot Bay	SWIM: Dolphin diving races and a swimming Time Trial set for varying ages
27th Dec	SURFBREAKER TRI race	Main Beach	A Club owned race @ Mt Main beach
3 rd Jan	Run	Pilot Bay	RUN: Some sand running followed by Race #3 of the season.
10 th Jan	Youth Aquathlon #2: 5pm START	Pilot Bay	SWIM/RUN: Short and Long course options.
17 th Jan	Bike/Run	Pilot Bay	BIKE/RUN: Some different formats to Duathlon to keep you challenged.
24 th Jan	Swim	Pilot Bay	SWIM: Some games in the water before swimming races
28th Jan	Blue Lake Triathlon	Blue Lake, Rotorua	Kids Triathlon race. www.rats.org.nz
31 st Jan	Fun Aquathlon: 6pm START	Tidal Steps. The Strand	SWIM/RUN: Come & have some Fun
7 th Feb	Cycling TT	Maketu	BIKE: Get to race your bike on the same course as the Adults

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11 th Feb	Kinloch Triathlon	Kinloch, Taupo	Kids & Youth race.
14 th Feb	Youth Aquathlon #3: 5pm START	Pilot Bay	SWIM/RUN: Short and Long course options.
21 st Feb	Run	Pilot Bay	RUN: Agility and speed work before Race #4 of the season.
25 th Feb	Ironkidz Triathlon	Taupo	Great kids Triathlon. www.ironkidz.co.nz
28 th Feb	Youth Aquathlon #4: 5pm START	Pilot Bay	SWIM/RUN: Short and Long course options.
7 th Mar	Cycling TT	Maketu	BIKE: Get to race your bike on the same course as the Adults
11 th Mar	Marra Triathlon	Pilot Bay	Triathlon. Mini's & Monsters race www.sprinttri.co.nz
14 th Mar	TSB Bank Fun Team Event - 6pm START	Pilot Bay	FUN Team Event - 6pm START
20 th Mar	National Secondary School champs	Nelson	National champs for U12,13,14,16 & U19 champs
21 st Mar	Run	Pilot Bay	RUN: Race #5 of the season before a bunch of tag games
28 th Mar	Finale	Pilot Bay	RUN/FUN: Seasons awards handed out for overall series leaders from the sessions followed by some fun and a feed!!

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Please note: some deviation from the program may occur due to weather conditions.

Any youth U11 will need a parent to join in the fun!

All participants must be in good standing with the Tauranga Tri Club.



Triathlon Tauranga
triathlontauranga.org.nz